

# Carcinoma - signs and symptoms, useful and dangerous products, folk remedies

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**Abstract.** Carcinoma is a type of malignant cancer that develops from epithelial tissue of various human organs.

**Key words:** Carcinoma, description, causes, types and symptoms, complications, prevention, treatment, healthy products, folk remedies, dangerous products

## Causes of carcinoma:

1. genetic predisposition;
2. hormonal disbalance;
3. various viruses (herpes [1], papilloma virus, hepatitis B and C [2]);
4. asbestos;
5. ionizing radiation (exposure to ultraviolet rays, X-rays, alpha, beta, gamma radiation);
6. microwave radiation;
7. environmental factor.

## Types of carcinoma can be divided into groups:

### Group 1 : Depending on the structure of the malignant tumor

- Squamous cell is a malignant neoplasm consisting of many layers of flat epithelial tissue (arises from cells that come into contact with the external environment: cancer of the skin, esophagus, rectum, throat, oral mucosa).
- Adenocarcinoma is a malignant tumor arising from the epithelium of glands (for example, cancer of the bronchial, mammary, prostate (prostate) glands).

### Group 2 : Depending on the degree of differentiation

- High (the structure of the tumor is close to the structure of the tissue cells from which it was formed).
- Moderate (the structure of the tumor is less similar to the structure of the original tissue).
- Poorly differentiated (low similarity of the tumor structure with tissues).

- Undifferentiated (pronounced atypia, it is almost impossible to find out which tissue the tumor belongs to). They are considered the most malignant and can form metastases.

**Group 3:** Depending on the predominance of cancer cells (parenchyma) and connective tissue (stroma)

- Simple - equally developed.
- Medullary – cancer cells predominate.
- Fibrous – more connective tissue.

Symptoms of carcinoma depend on the location of the tumor, its development and the presence of metastases.

### **General signs of carcinoma**

1. The appearance of swelling on some part of the body, which is surrounded by bruises. Sometimes a deep ulcer may appear on the swelling.
2. The timbre of the voice changed.
3. Difficulty swallowing and chewing food.
4. Cough of unknown origin.
5. Food has difficulty passing through the esophagus.
6. Significant weight loss.
7. Lost appetite.
8. High body temperature.
9. Feeling of weakness, fatigue (no matter what the load was).
10. Lack of blood cells in the blood (anemia) [3].
11. Breast hardening, strange and bloody discharge from the nipple.
12. Blood when urinating.
13. Difficulty urinating.
14. Abdominal pain.
15. Severe pain in the sternum, heart, etc.

### **Useful foods for carcinoma**

In order to help the body fight carcinoma, it is necessary to consume a number of foods that can be divided into several categories.

- Foods that cleanse the blood: cucumber [4], carrots [5], beets [6] and freshly prepared juices from them.
- Foods that inhibit the growth of cholesterol in the blood [7]: apples [8], avocados [9], onions [10], greens [11], carrots, legumes (especially beans [12]), seafood and fish, walnuts nuts [13], olives and olive oil [14], porridges: oatmeal [15], buckwheat [16].
- Foods that protect against the development of intestinal cancer: cabbage [17] (all types), bran bread, kefir, yogurt [18], herbs, garlic [19], whole and sprouted grains, seafood, yellow vegetables and fruits (must be fresh).
- Food that will protect against breast cancer or slow down the development process: any cabbage, legumes, soybeans, fatty fish, sprouted wheat, green vegetables. These foods contain estrogen-suppressing substances.
- Products that relieve metastases: all types of cabbage, garlic, bright green and bright yellow vegetables and fruits, fatty fish (herring, cod, mackerel).

List of products that have antitumor effects:

- vegetables: eggplant [20], cabbage (any), radish, radish [21], pumpkin [22], tomatoes [23],
- bell pepper [24] ;
- parsley [25], dill [26], spinach, lettuce;
- ginger [2 7 ] ;
- soy;
- fruits and berries: kiwi [28], avocado [29], grapefruit, raspberry [30], orange [31], tangerine [32], lemon [33], watermelon [34], apricot [35] and its kernels, pomegranate [36], blueberries (these products have an antioxidant [37] effect and contain ellagic acid, which stops the growth of cancer cells);
- nuts: dates [38], almonds, Brazilian, walnuts [39], hazelnuts;
- fish;
- liver;
- seeds: pumpkin, sunflower, flax;
- olive, sunflower and linseed oil [40-42];
- green tea;
- fresh vegetable juices (not fruit);
- turmeric [4 3 ] ;
- cereals: buckwheat [44], rice (from brown rice).

It is better to replace sugar with honey.

### Traditional medicine for carcinoma

Methods of treating malignant neoplasms by Otto Warburg, Nobel Prize winner, creator of the “Biochemical Theory of Cancer”. According to this theory, cancer is a parasitic disease caused by Trichomonas. To get rid of the “plague” of the 21st century it is necessary:

1. so that the required amount of iodine enters the body [45] (for this you need to eat seaweed, seaweed; make nets from iodine or dilute a drop of iodine in a glass of water and drink);
  2. drink decoctions of burdock [46] and birch leaves, it is also advisable to eat dogwood, chaga, elderberry);
  3. there are kernels from apricot kernels (eat no more than 10 pieces per day - otherwise you can get poisoned, they contain B17, which fights cancer cells well);
  4. get rid of trichomonas with flaxseed oil (take a tablespoon into your mouth, gargle for 10 minutes, spit it out);
  5. Cancer cells do not tolerate an alkaline environment; an acidic environment is favorable for them (with a lack of calcium, the body has an acidic environment, so patients with carcinoma need to eat food rich in calcium [47] and magnesium [48] (without magnesium, calcium is not absorbed by the body).
- A good remedy that inhibits the development of malignant tumors is propolis. With constant, long-term use, cancer can be completely defeated. To do this, you need to chew 7 grams of pure propolis up to 5 times a day (50-60 minutes before meals). In addition to propolis itself, you can treat with 15 percent oil. To prepare it you will need 1 kilogram of butter (regular butter, not salted). It should be placed in an enamel pan and brought to a boil. Then 160 grams of propolis (pre-grated) are added to it. Mix everything thoroughly to obtain a homogeneous mass. Take the resulting oil 3 tablespoons per day 3 times before meals. Consume with ½ tablespoon of warm milk or water.
  - Tincture made from hemlock. Take a 3-liter jar, fill half a liter of vodka, start cutting hemlock shoots (you need to fill the jar by a third with grass). Fill to the brim with vodka. Place in the refrigerator to infuse for 2-2.5 weeks. The tincture needs to be injected every day. The method of application is unusual. You need to start taking it with one drop per day in a glass of water. Increase the dose by one drop every day. You need to reach 40. After you have taken 40 drops, start in the reverse order (and so until 1 drop). This is considered the first round in the fight against carcinoma. You need at least 2 of these, but preferably 3.  
**Attention!** Be sure to adhere to the dosage and treatment period.
  - Infusion of birch mushroom – chaga. Take the mushroom, rinse it well, and chop it on a grater. Fill with warm water in a ratio of 1 to 5 (that is, there should be 5 times more water than mushroom). Leave for 2 days. Filter. The dose should be taken 30 minutes before meals, 100 milliliters. Number of techniques – 3.  
**Note!** The infusion should be stored for no more than 4 days and while taking chaga, you should not administer intravenous glucose or use penicillin.
  - Tincture of celandine root. Freshly collected celandine roots must be washed and left to dry for a couple of hours. Then grind in a meat grinder and filter through cheesecloth. You need half a

liter of this juice. Add half a liter of vodka to it, mix and leave for 21 days in a dark place. You need to take 4 teaspoons per day for 2 weeks (4 times). After the expiration date, start drinking a tablespoon at a time. Use until you recover.

- Cabbage juice. You can drink it in any quantity. The main thing is to let it brew for a while in the refrigerator before using it. This is done to ensure that substances that provoke gag reflexes are removed.

### **Dangerous and harmful products for carcinoma**

You should refuse:

- coffee;
- alcoholic drinks;
- black tea;
- chocolate;
- cocoa;
- medications that contain caffeine [49].

These products contain methylxanines. They stimulate fluid secretion in various cavities, and this promotes the growth of scar tissue.

Also, you should limit your yeast intake [50]. They provoke the growth of cancer cells.

You should not eat foods that increase cholesterol levels [51] and foods with carcinogens and E coding.

At least for the time being during treatment, you need to give up meat, dairy products and sweets. All these products are highly acidic in the blood, and it is this environment that is favorable for the development of cancer cells.

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